EVERYTHING YOU NEED TO MASTER ENGLISH

HOW TO ENGLISH

3 DAYS TO BE AN INDEPENDENT LEARNER

Adam David Broughton

How To English: 31 days to be an independent learner by Adam David Broughton

"I teach people how to learn English, not what to learn in English. Learn **how** to learn and you will never need to worry about **what** you learn"

What we will cover today (hopefully):

- 1. Who am I?
- 2. Why did I write this book?
- 3. My story.
- 4. Why English learners get frustrated.
- 5. The problem with 'what' you learn.
- 6. How to use your teacher.
- 7. The problem with *'how'* you learn.
- 8. How to perfect the skills in English.

- 9. How to perfect your listening skills
- 10. The best vocabulary exercises.
- 11. How to improve fluency.
- 12. Contact me.

Grab a pen and paper, listen
carefully, and let's begin...

Who am I?



- English teacher, linguist, and author
- Born in Nottingham, England
- Husband and father
- Avid runner
- Musician
- Wannabe chef

PART I THE FUNDAMENTAL BASICS

Day 1	How to Find Time to Practise English
Day 2	How to Take Control of Your English Learning
Day 3	How to Organise What You Learn
Day 4	How to Improve Fluency
Day 5	How to Master Fluency
Day 6	How to Master Listening for Specific Information – The Absolute Best Listening Exercise You Can Do67
Day 7	How to Learn by Listening - It All Starts With Listening
Day 8	Motivation, Self-Discipline and Habits (Part 1) – How to Think in The Long Term

PART II HOW TO MAKE EVERYTHING YOU LEARN RELEVANT

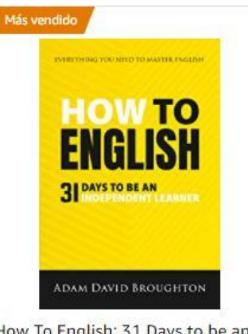
Day 9	How to Practise Properly99
Day 10	How to Make Everything You Learn 100% Relevant to YOU 107
Day 11	How to Find Questions and Doubts 117
Day 12	How to Stop Making Mistakes – Good Mistakes and Bad Mistakes
Day 13	How to Know If You Are Making a Mistake
Day 14	How to Learn From Every Text You Read and Everything You Listen to145
Day 15	How to Identify Your Weakness – What's Your Biggest Weakness?155
Day 16	Motivation, Self-Discipline and Habits (Part 2) – How to Always Be Motivated

PART III HOW TO MASTER VOCABULARY, GRAMMAR AND PRONUNCIATION

Day 17	How to Read Books in English
Day 18	How to Increase Your Working Vocabulary
Day 19	How to Understand and Use Grammar Correctly
Day 20	How to Have Perfect Grammar
Day 21	How to Improve Your Pronunciation in English
Day 22	How to Never Be Misunderstood When Speaking in English 229
Day 23	How to Improve Your Memory – Remember Everything You Learn in English239
Day 24	Motivation, Self-Discipline and Habits (Part 3) – How to Improve Your Self-Discipline

PART IV PLANNING FOR THE FUTURE: HOW TO BECOME AN INDEPENDENT ENGLISH LEARNER

Day 25	How to Improve Your Weakness – The One Thing That
	English Learners Rarely Do
Day 26	How to Plan And Reach Your Goals
Day 27	How to Create and Complete Your Own Intensive Course
Day 28	How to Make Short-Term, Mid-Term and Long-Term Goals 295
Day 29	How to Control What You Learn And How You Learn
Day 30	Motivation, Self-Discipline and Habits (Part 4) – How to Create a Habit
Day 31	How to Put It All Together



How To English: 31 Days to be an independent learner (English Edition) Edición en Inglés de Adam David Broughton

Why did I write this book?

"You can go to a million English classes, but that doesn't mean you will learn English."

"It's not what you do in English class that determines your progress. It's what you do when you are not in class."

"How you learn is much more important that what you learn."

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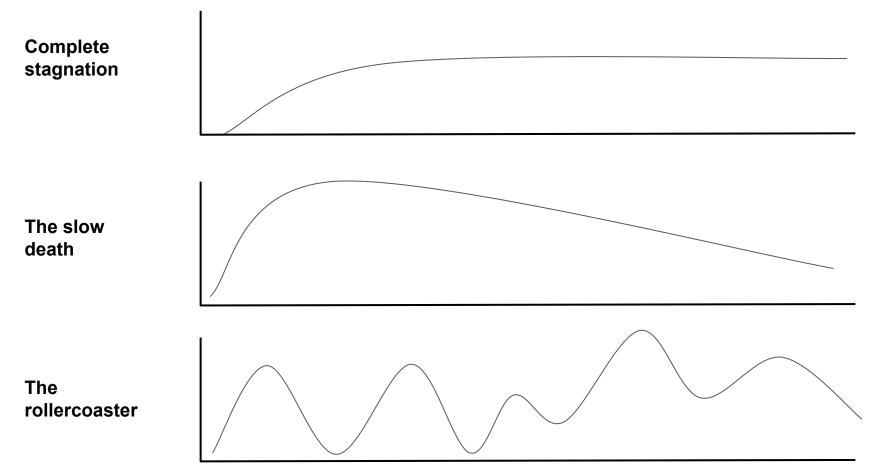
"All learning comes from within."

How To Learn From Anton and Mohammed

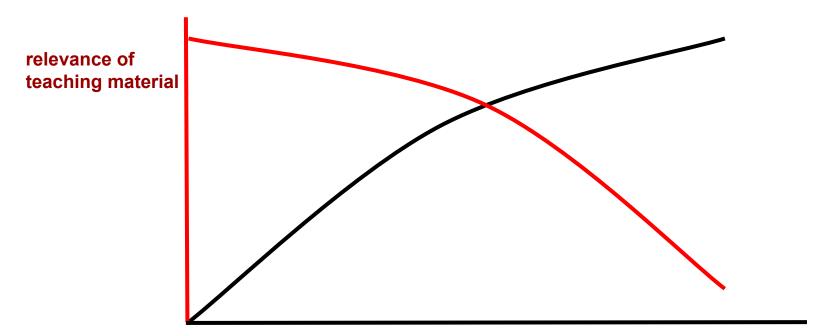
"The answers to the questions in your own head are the best things you can learn" "Everything you need to master English is right in front of your eyes. For some reason, you just can't see it"

If you learn like this, you WILL become frustrated

Learner Frustration: The 3 Types



Why English learners get frustrated



level

There are two BIG problems with the way many English students learn that cause learner frustration:

- What you learn
- How you learn

The Problems With *What* You Learn:

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- Irrelevance of learning material; learning English at random

The Problems With *What* You Learn:

- Irrelevance of learning material; learning English at random
- Ignoring corrections of the mistakes you make

"If you don't learn from your mistakes, you will make them again"

Mistakes, and how to learn from them

You only need to learn TWO things to make EVERYTHING you learn 100% relevant for you, and only you:

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- Corrections of the mistakes you're making

You only need to learn TWO things to make EVERYTHING you learn 100% relevant for you, and only you:

- Corrections of the mistakes you're making
- Something that you want to say, but don't know how to say

How To Make What You Learn 100% Relevant To You And Your Needs

"An inquisitive mind is a mind that learns"

The Problems With *How* You Learn:

- Excessive dependency on the teacher

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The Problems With *How* You Learn:

- Excessive dependency on the teacher
- Excessive focus on practising strengths, instead of your weaknesses
- Excessive focus on accumulating English, and not creating a strong foundation

What don't you know how to say in English? What do you make mistakes with in English? What aspects of English do you want to improve? What is your biggest weakness in English?

What and how you practise will depend on the answers to these questions

"A chain is as strong as its weakest link"

How to perfect the skills in English

"What you most avoid is probably what you most need to pay attention to"

"Focus on improving your weaknesses. Your strengths will look after themselves"

Listening

"We can all hear perfectly, but we are very bad listeners..."

The Only Listening Exercise You'll Ever Need

"You don't learn from speaking, you learn from listening"

The Best Vocabulary Exercises

"People that read and watch series in English have something that other English learners don't have"

Fluency

"Speaking is like juggling. You don't need to use great effort or concentration. What is important, though, is to keep the balls moving"

The fundamental basics are:

- Learn relevant language
- Practise the corrections of your mistakes
- Improve your fluency, focused listening skills, and read regularly

Do these and you will succeed in mastering English.

"Success is neither magical nor mysterious. It is the natural result of consistently applying the fundamental basics"

Contact Me: ask me anything. I'm here to help

Adam David Broughton

<u>www.how-to-english.com</u> for my YouTube channel, blog/podcast and **private community**: 100% your first month with the code **howto100**

email: <u>adam@how-to-english.com</u>

LinkedIn: search for Adam David Broughton

Amazon

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