

EVERYTHING YOU NEED TO MASTER ENGLISH

# HOW TO ENGLISH

**31** DAYS TO BE AN  
INDEPENDENT LEARNER

ADAM DAVID BROUGHTON

# How To English:

31 days to be an independent learner

by

Adam David Broughton

*“I teach people how to learn English, not what to learn in English. Learn **how** to learn and you will never need to worry about **what** you learn”*

# What we will cover today (hopefully):

1. Who am I?
  2. Why did I write this book?
  3. My story.
  4. Why English learners get frustrated.
  5. The problem with '*what*' you learn.
  6. How to use your teacher.
  7. The problem with '*how*' you learn.
  8. How to perfect the skills in English.
  9. How to perfect your listening skills
  10. The best vocabulary exercises.
  11. How to improve fluency.
  12. Contact me.
- Grab a pen and paper, listen carefully, and let's begin...

# Who am I?



- English teacher, linguist, and author
- Born in Nottingham, England
- Husband and father
- Avid runner
- Musician
- Wannabe chef

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How To English: 31 Days to be an independent learner (English Edition)

Edición en Inglés  
de Adam David Broughton

★★★★☆ ~ 440

## Why did I write this book?

“You can go to a million English classes, but that doesn’t mean you will learn English.”

.....

“It’s not what you do in English class that determines your progress. it’s what you do when you are not in class.”

.....

“How you learn is much more important that what you learn.”

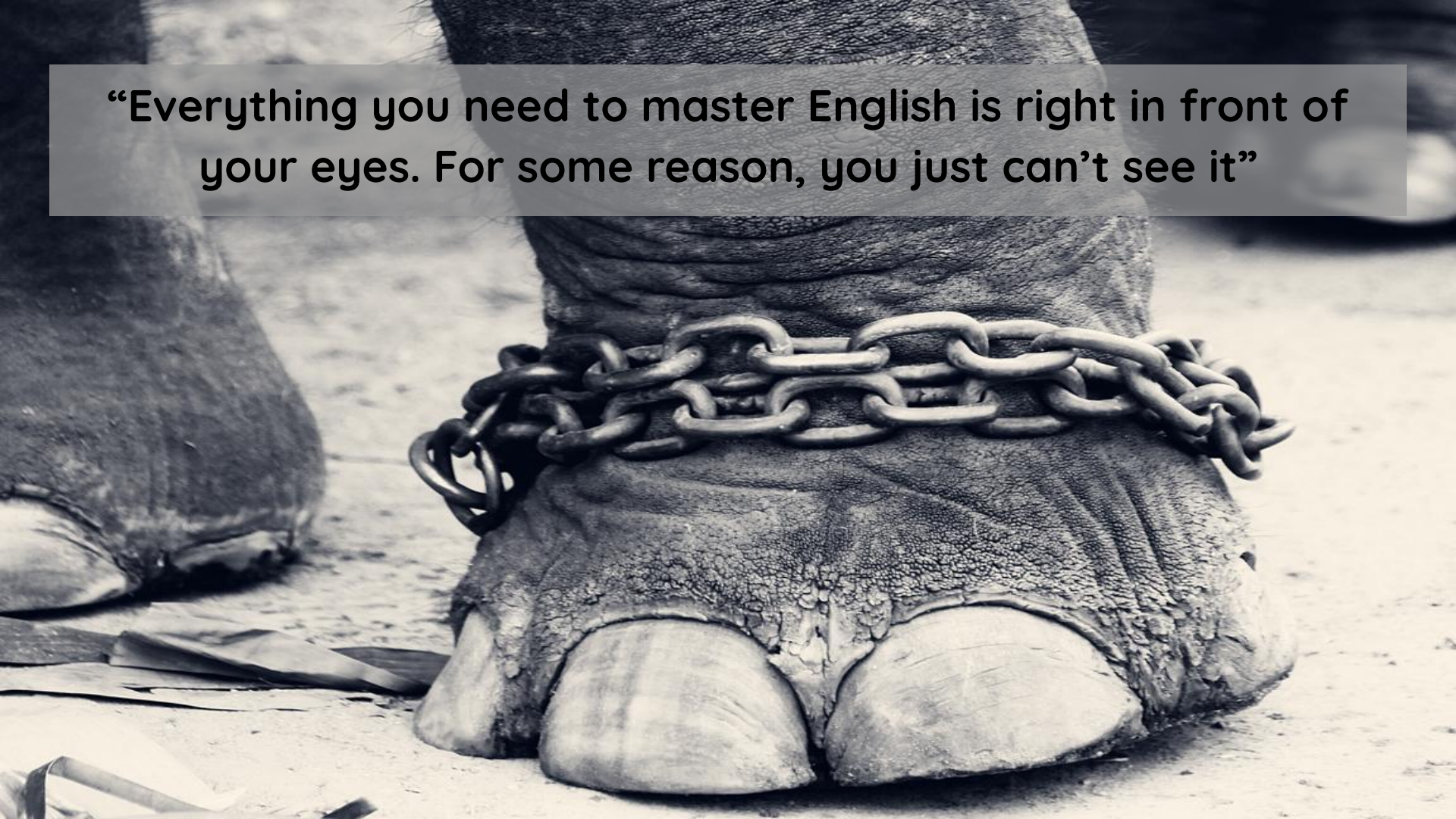
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“All learning comes from within.”

# How To Learn From Anton and Mohammed

“The answers to the questions in your own head are the best things you can learn”

**“Everything you need to master English is right in front of your eyes. For some reason, you just can’t see it”**



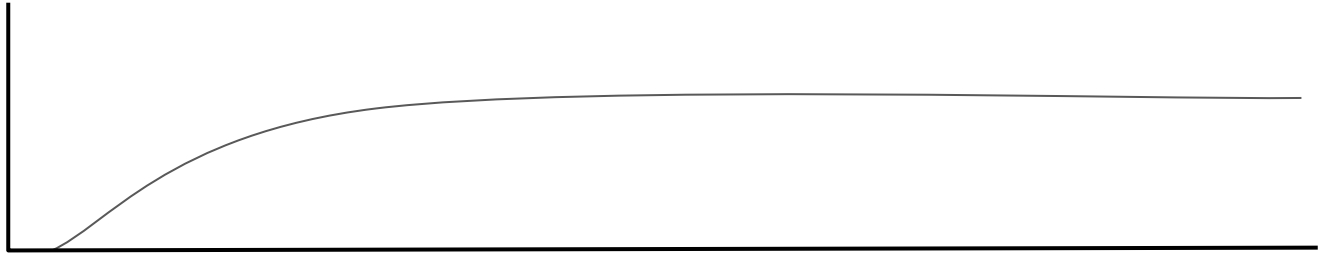




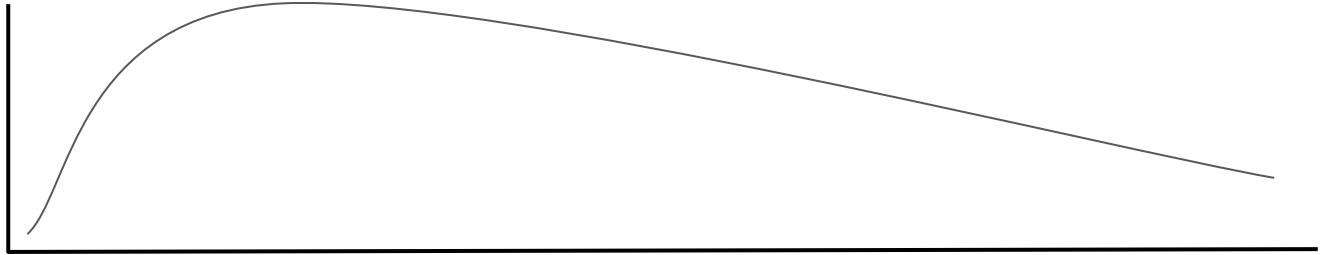
**If you learn like this, you WILL become frustrated**

# Learner Frustration: The 3 Types

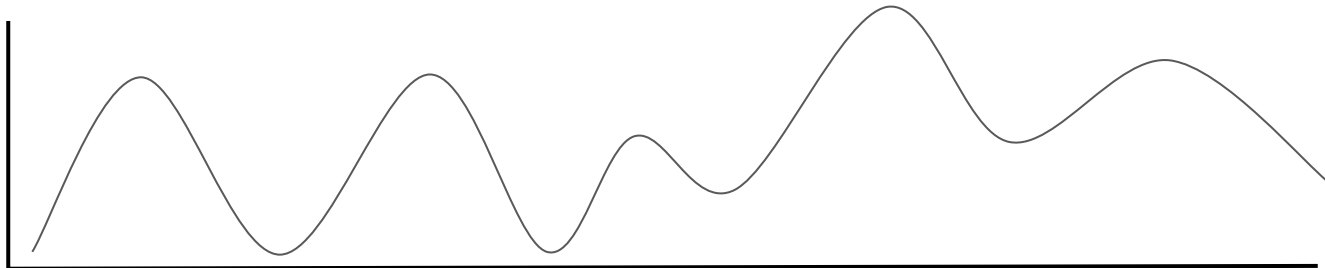
**Complete  
stagnation**



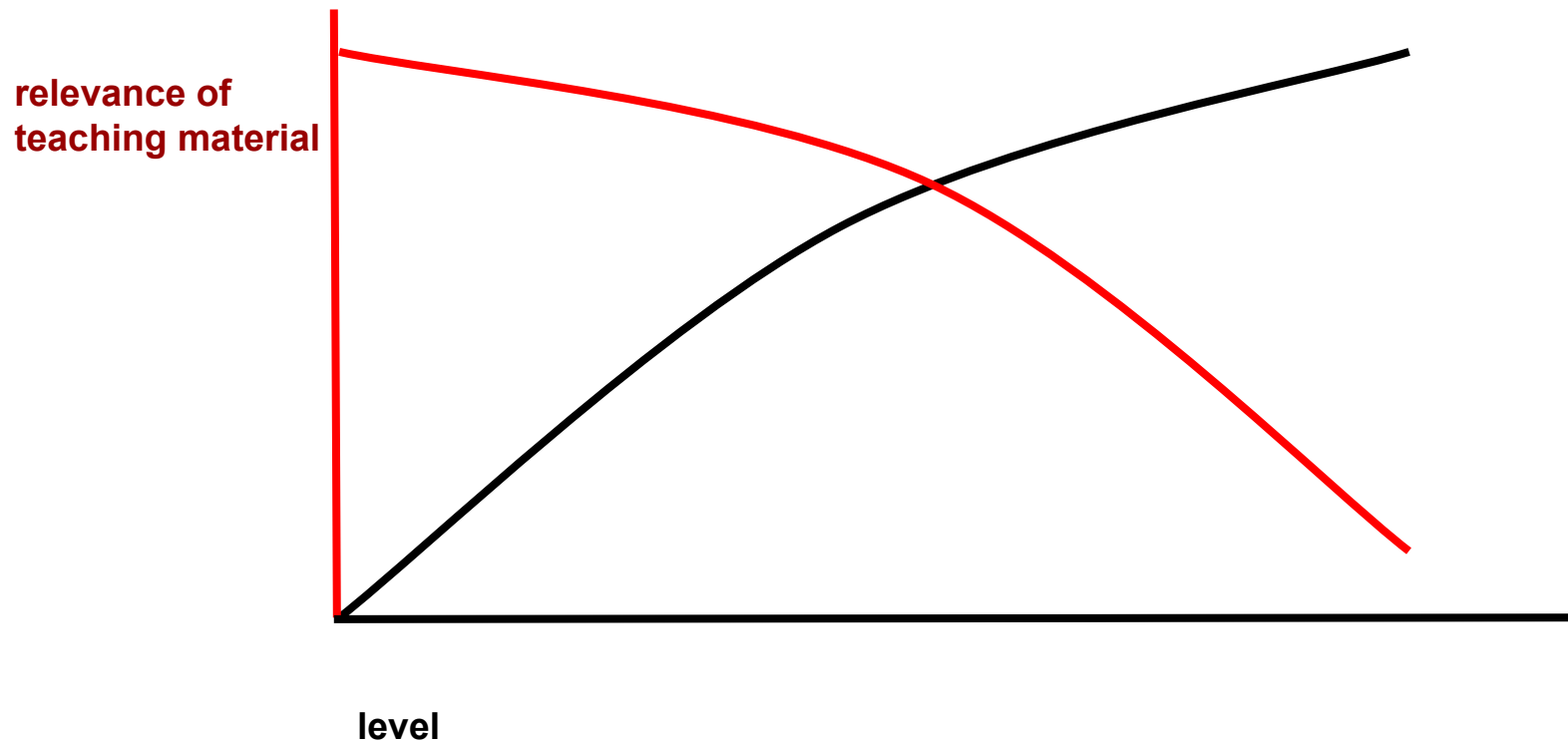
**The slow  
death**



**The  
rollercoaster**



# Why English learners get frustrated



**There are two BIG problems with the way many English students learn that cause learner frustration:**

- *What* you learn
- *How* you learn

The Problems With *What* You Learn:

## The Problems With *What* You Learn:

- Irrelevance of learning material; learning English at random

## The Problems With *What* You Learn:

- Irrelevance of learning material; learning English at random
- Ignoring corrections of the mistakes you make

# Mistakes, and how to learn from them



**“If you don’t learn from your mistakes,  
you will make them again”**



You only need to learn **TWO** things to make **EVERYTHING** you learn **100%** relevant for you, and only you:

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- Corrections of the mistakes you're making

You only need to learn **TWO** things to make **EVERYTHING** you learn **100%** relevant for you, and only you:

- Corrections of the mistakes you're making
- Something that you want to say, but don't know how to say

# How To Make What You Learn 100% Relevant To You And Your Needs



ASK

“If you don’t ask,  
you don’t get”

# The Problems With *How* You Learn:

- Excessive dependency on the teacher

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# The Problems With *How* You Learn:

- Excessive dependency on the teacher
- Excessive focus on practising strengths, instead of your weaknesses
- Excessive focus on accumulating English, and not creating a strong foundation

What don't you know how to say in English?

What do you make mistakes with in English?

What aspects of English do you want to improve?

What is your biggest weakness in English?

**What and how** you practise will depend on the answers to these questions

“A chain is as strong as its weakest link”





# How to perfect the skills in English

**“What you most avoid is probably what you most  
need to pay attention to”**

**“Focus on improving your weaknesses.  
Your strengths will look after themselves”**

# Listening

**“We can all hear perfectly, but we are very bad listeners...”**

# The Only Listening Exercise You'll Ever Need



**“You don't learn from speaking, you learn from listening”**



# The Best Vocabulary Exercises

**“People that read and watch series in English have something that other English learners don’t have”**

# Fluency

A close-up photograph of a person's hand holding a silver metal can with a white straw inserted into the bottom. The person's mouth is open in a wide, joyful smile, showing their teeth. The background is a plain, light color.

**“Speaking is like juggling. You don’t need to use great effort or concentration. What is important, though, is to keep the balls moving”**

## The fundamental basics are:

- Learn relevant language
- Practise the corrections of your mistakes
- Improve your fluency, focused listening skills, and read regularly

**Do these and you will succeed in mastering English.**

“Success is neither magical nor mysterious. It is the natural result of consistently applying the fundamental basics”

# Contact Me: ask me anything. I'm here to help

Adam David Broughton

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**Amazon**

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